

The Making of Premium Moxa Sticks

Premium Raw Materials.

Shuhe Wellness selects high-altitude, organically grown mugwort as the core ingredient for all moxibustion products. Known as the “Yang of the Earth,” mugwort carries warm, pure and restorative properties.

Only 3–5-year naturally aged mugwort is used. The aging process removes harshness while enhancing warmth, depth and purity—creating superior moxa suitable for authentic traditional moxibustion.

1. Planting Environment: High-Altitude Mugwort

Our mugwort is cultivated in high-elevation regions with abundant sunlight and large temperature differences between day and night.

This unique climate results in higher levels of essential oils and active compounds.

Shuhe Wellness manages its own planting base using zero pesticides, zero chemical fertiliz

ers, and natural cultivation, ensuring every leaf carries the essence of heaven and earth.



2. Natural Drying & Aging

After harvest, the mugwort is processed following traditional methods:

naturally air-dried

naturally aged

rested over the seasons

Through time, excessive moisture and bitterness fade, leaving a warm, gentle yet penetrating medicinal quality.

Aged mugwort (three years or more) produces a clear aroma, stable heat and deeper the

therapeutic effect when burned—ideal for classical moxibustion.



3. Traditional Fine-Fiber Moxa Processing

Shuhe Wellness follows the ancient technique of fine moxa wool processing, ensuring purity and quality:

multiple rounds of manual impurity removal

delicate physical fiber extraction

preservation of premium golden mugwort fibers

removing coarse material and keeping only the

he essence

The resulting moxa wool burns smoothly and evenly, delivering soft yet deep warmth—perfectly aligned with the principle:

“No true moxibustion without real fire; no quality moxa without true purity.”



4. Production Standards

From raw material selection to final packaging, Shuhe Wellness adheres to strict standards: full-process quality control
professional, standardized production

traceable supply chain

safe and hygienic packaging

Each moxa stick undergoes multiple quality checks to ensure stability, purity and safety.

Every batch of moxa wool is produced to match the traditional requirement of gentle fire with deep penetration.



Shuhe Wellness Moxa Sticks are made from naturally aged mugwort, refined into clean, fine moxa wool that burns smoothly and provides gentle, penetrating warmth for daily wellness and traditional moxibustion care.

